



**BREADS**  
Bangalore Rural Educational  
and Development Society



**ANNUAL REPORT 2024-2025**

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# I. ABBREVIATIONS USED

- ASHA – Accredited Social Health Activist
- BBMP – Bruhat Bengaluru Mahanagara Palike (Corporation)
- CCI – Child Care Institution
- CCG – Caring Community Group
- CPC – Child Protection Committee
- CRC – Child Rights Club
- CSR – Corporate Social Responsibility
- CWC – Child Welfare Committee
- DB BEST – BREADS’ Employment & Skill Training Academy
- DCPO – District Child Protection Officer
- DCPU – District Child Protection Unit
- DDRC – District Disability Rehabilitation Centre
- DREAM – Drug Rehabilitation Education and Mentoring
- EDP – Entrepreneurship Development Programme
- GHPS – Government Higher Primary School
- ITI – Industrial Training Institute
- JJ Act 2015 – The Juvenile Justice (Care and Protection of Children) Act 2015
- kWh – kilowatt hour: a unit of energy used by an electrical device during a given period
- LAC – Learning and Activity Centre
- MINDS – Mental health Initiative for Nurturing Development and Support
- OECD – DAC – Organisation for Economic Co-operation and Development-Development Assistance Committee
- PRI – Panchayati Raj Institution
- SDG – Sustainable Development Goal
- SDMC – School Development Monitoring Committee
- SFC – Sports for Change
- SHG – Self Help Group
- SSLC – Secondary School Leaving Certificate

## II. DIRECTOR'S MESSAGE



**FR GEORGE PS**  
Executive Director

*B*READS has seen some shifts in 2025. It was a time of recognition—that things have been changing in our work circumstances. Some issues, such as ‘street addicts’, or children making a living on the street, have undergone changes. Over the years, the positive impact of developments in policy and practice by both government and civil society organisations, permits us to reduce the time and effort spent on that issue. Child labour continues to be very relevant, especially in rural areas. High-impact natural disasters are on the rise; and therefore, the need for adequate responses, as well as climate action. Socioeconomic empowerment of women and marginalised communities continues to impact the work with their children.

*We were called to rethink our priorities as well as our approaches to our work. For instance, we saw mental health being impacted among rural and urban children and young people; perhaps one of the fallouts of the COVID pandemic. The acknowledgment that mental health is integral to the child’s right to life and development resulted in new initiatives to promote mental health through sports and community involvement, while also preventing substance and behavioural addictions through awareness, counselling and rehabilitation.*

*With the changing times and situations, we recognise the need to upgrade our existing skills to meet new challenges, to adopt different strategies combined with technology, and to extend our work into new geographies and populations, expanding the definition of children and youth at risk.*

*We truly appreciated your support during this period of change and earnestly request your continued partnership as we navigate these important changes in our shared mission to reach the vulnerable child in need.*

## VISION

An inclusive community based on rights, equality, justice, and peace

## MISSION

To transform the poor and needy as resources and agents of change through educative presence and accompaniment



## III. ABOUT BREADS

**B**angalore Rural Educational and Development Society (BREADS) is a registered charitable trust (1138/94-95), promoted by the Salesian Province of Bangalore, reaching out to the states of Kerala and most of Karnataka, through rights-based empowerment of marginalised people. BREADS is permitted under the Foreign Contribution Regulation Act 2020 (Regn. 094420758), to receive and utilise foreign funds for its development work. The Indian Government approves BREADS (CSR-00003142) for CSR funding. Within India, contributions to BREADS are exempt from tax under section 80 G (AAAAB0458LF20217) of the Indian IT Act 1961.

Over the past 32 years, BREADS has implemented 650+ projects with its 48 Don Bosco and other partners, impacting more than 12,00,000 children, women and youth in Karnataka and Kerala.

## IV. LEARNING TO MANAGE CHANGE



*Listening for the signal that it is time to change is an essential skill for self-development.*

*– Peter Drucker*

**B**READS has been listening and observing, and we see how the changing economy, lifestyles and environment are impacting disadvantaged communities, especially children and youth. We see various needs emerging that call for different interventions; that also require us, as social workers, to learn and adapt ourselves to attitudinal shifts, newer ideas, skills and technologies. In this section, we focus on some of the different ways in which BREADS is approaching situations on the ground.

### 1. RESCUE & REHABILITATION OF CHILDREN AND YOUNG AT RISK

Over the years, thousands of children in Karnataka and Kerala have been rescued from abusive situations by BREADS and the Don Bosco network, to ensure their care, protection and development. In response to the great need, and in the absence of safe family environments, the rehabilitative process was largely through childcare institutions.

Both, in the best interests of the child, and resorting to institutionalised care as the last resort (JJ Act 2015); BREADS, through BOSCO Bangalore (nodal agency) and its other partners, currently promotes foster care as a suitable alternative.



#### *A Family for Ananya*

*Ananya (name changed), originally from Hoskote, was abandoned at nine months, when her mother remarried and left her. The neighbours took care of the baby and alerted the authorities. With the intervention of the Police and the District Child Protection Unit (DCPU), Ananya was placed in the Sarvodaya Service Society as she needed care and protection.*

*During an awareness programme in the Bengaluru rural district, the BOSCO Bangalore Foster Care team identified a prospective foster family. They were guided through the necessary procedures to apply to the DCPO. BOSCO staff and DCPU personnel jointly submitted a comprehensive Home Study Report for review by the CWC. After personal interactions with both Ananya and the family, the CWC approved a one-month trial placement to ensure successful bonding and emotional adaptation for the child. After the positive completion*

of this phase, Ananya was officially placed with the family. The transition has been very successful, providing Ananya with a loving, stable, and nurturing family environment that has fostered significant emotional security and a sense of belonging. Today, Ananya is thriving in the 4<sup>th</sup> grade at the Gayathri Vidhya Mandir, Hoskote.

## INTERVENTIONS FOR RESCUE & REHABILITATION OF CHILDREN AT RISK

(Project period is April 2024–March 2025 unless mentioned otherwise)

SN	Projects	Partners	Outreach
1	Integrated Development of Child Labourers	DB Bidar	<ul style="list-style-type: none"> <li>• <b>64</b> children rescued/contacted               <ul style="list-style-type: none"> <li>• <b>24</b> reunited with family</li> <li>• <b>40</b> children admitted to DB childcare home for education</li> </ul> </li> </ul>
2	Child Labour Rehabilitation	DB Kalaburagi	<ul style="list-style-type: none"> <li>• <b>42</b> child labourers and dropouts from school rehabilitated through bridge school and formal education</li> </ul>
3	Rescue and Rehabilitation of Girl Child Labourers in Deodurga taluk of North Karnataka	DB Devadurga	<ul style="list-style-type: none"> <li>• <b>42</b> girl child labourers rescued and rehabilitated</li> </ul>
4	Child Labour Rehabilitation (Nov 2024 - Oct 2025)	DB Hosapete	<ul style="list-style-type: none"> <li>• <b>42</b> vulnerable children rehabilitated through education</li> </ul>
5	Child Labour Rehabilitation through Bridge Education	DB Davanagere	<ul style="list-style-type: none"> <li>• <b>40</b> children rescued from child labour/dropping out and rehabilitated</li> </ul>
6	Alternative Care (July 2024 - June 2025)	BOSCO Bangalore & other DB Foster Care partner organisations	<ul style="list-style-type: none"> <li>• <b>32</b> children placed in foster care</li> <li>• <b>152</b> potential children identified</li> <li>• <b>443</b> potential parents identified</li> <li>• <b>24,272</b> Anganwadi mothers trained</li> <li>• <b>5997</b> Anganwadi teachers trained</li> <li>• <b>4095</b> ASHA workers trained</li> <li>• <b>4717</b> SHG members trained</li> <li>• <b>3834</b> primary teachers trained</li> <li>• <b>6083</b> college students trained</li> <li>• <b>3806</b> PRI leaders trained</li> <li>• <b>209,492</b> general public reached through awareness</li> <li>• <b>2011</b> people reached through advocacy</li> <li>• <b>15</b> NGOs partnered with</li> </ul>

7	Counselling and Family Reunification (July 2024 - June 2025)	BOSCO Bangalore	<ul style="list-style-type: none"> <li>• <b>3164</b> rescued children received counselling and psychosocial support</li> <li>• <b>3225</b> parents counselled</li> <li>• <b>2624</b> children reunited with families</li> <li>• <b>505</b> children placed in institutional care</li> </ul>
8	Child Safety Net (July 2024 - June 2025)	BOSCO Bangalore	<ul style="list-style-type: none"> <li>• <b>1883</b> children rescued from the streets</li> <li>• <b>1614</b> children reunited with families</li> <li>• <b>13</b> children placed in BOSCO Care Homes</li> <li>• <b>234</b> admitted to government homes</li> <li>• <b>1</b> child referred to Shishu Mandir</li> <li>• <b>12</b> children referred to Observation Homes</li> <li>• <b>9</b> children referred to hostels per CWC orders</li> <li>• <b>12</b> caring community groups strengthened</li> <li>• <b>65</b> children rescued through CCGs</li> <li>• <b>72</b> rescued children facilitated for financial compensation</li> <li>• <b>189</b> children impacted through <b>9</b> strengthened CRCs</li> <li>• <b>1005</b> advocacy visits to police stations</li> <li>• <b>228</b> Police personnel sensitised</li> <li>• <b>345</b> Police officers sensitised</li> <li>• <b>865</b> BBMP workers sensitised</li> <li>• <b>232</b> auto drivers sensitised</li> <li>• <b>222</b> shopkeepers sensitised</li> <li>• <b>1955</b> bus conductors/drivers sensitised</li> <li>• <b>130</b> porters/cleaners sensitised</li> <li>• <b>6027</b> shop keepers reached through campaigns</li> <li>• <b>7196</b> persons reached through door-to-door campaigns</li> <li>• <b>22,988</b> people reached through public awareness</li> <li>• <b>6896</b> children informed through school campaigns</li> <li>• <b>798</b> networking and collaborative actions</li> </ul>
9	Support for Vulnerable Children	BOSCO Bangalore	<ul style="list-style-type: none"> <li>• <b>28</b> children being rehabilitated in BOSCO Care Homes</li> </ul>

10	Reaching Street Children Through Street Presence	BOSCO Bangalore	<ul style="list-style-type: none"> <li>• <b>3619</b> children rescued/ contacted from the street</li> <li>• <b>3182</b> children reunited with families</li> <li>• <b>70</b> children placed in BOSCO Care Homes</li> <li>• <b>367</b> admitted to government-referred homes</li> </ul>
11	Child Safety Net (July 2024 - June 2025)	<ul style="list-style-type: none"> <li>• DB Makkalalaya Mysuru</li> <li>• DB Davanagere</li> <li>• DB Kalaburagi</li> </ul>	<ul style="list-style-type: none"> <li>• <b>885</b> children contacted</li> <li>• <b>10</b> Caring Community Groups formed</li> <li>• <b>37</b> advocacy meetings with government departments</li> <li>• <b>802</b> duty bearers sensitised</li> </ul>
12	Rescue and Rehabilitation of Street and Working Children	DB Makkalalaya Mysuru	<ul style="list-style-type: none"> <li>• <b>322</b> children rescued from vulnerable situations <ul style="list-style-type: none"> <li>• <b>257</b> children united with their families</li> <li>• <b>41</b> children referred to institution care through CWC</li> <li>• <b>24</b> children admitted to DB Care Home</li> </ul> </li> <li>• <b>50</b> children prepared for Class X through open school</li> <li>• <b>39</b> children prepared for Class XII through open school</li> <li>• <b>76</b> young people trained in BPO</li> <li>• <b>85</b> young people trained in Retail Management</li> <li>• <b>68</b> young people placed in jobs/ self-employed</li> <li>• <b>153</b> volunteers engaged in project programmes</li> <li>• <b>3,575</b> people reached through awareness programmes</li> <li>• <b>954</b> households reached by door-to-door campaigns</li> <li>• <b>135</b> stakeholders sensitised</li> <li>• <b>318</b> people received health awareness</li> <li>• <b>1741</b> children trained in child rights</li> <li>• <b>107</b> school teachers trained</li> <li>• <b>63</b> Anganwadi/ASHA workers trained</li> <li>• <b>11</b> project staff trained</li> </ul>
13	Rescue and Rehabilitation of Street and Working Children (April 2024 - June 2025)	DB Veedu Thiruvananthapuram	<ul style="list-style-type: none"> <li>• <b>48</b> children rescued and received psychosocial services <ul style="list-style-type: none"> <li>• <b>45</b> children reunited with families</li> <li>• <b>3</b> children referred to institution care through CWC</li> </ul> </li> <li>• <b>1200</b> community members reached through awareness programmes</li> </ul>

The JJ Act 2015 stipulates that after children turn 18, they cannot reside in childcare institutions. Instead, after-care services may be offered to young adults for a period of 3 years or until s/he has reached the age of 21 years, whichever is earlier.

This stipulation creates a lot of instability and insecurity for young adults as they transition to higher studies or vocational training. In response to this situation, after-care programmes have been initiated in Don Bosco institutions to support these young adults to transition safely into more self-reliant circumstances.



### Charting a Future

*Naresh's (name changed) life began with significant hardships. He and his younger sisters lived in a charity-based hostel in Kothanur as his mother had committed suicide when he was in the 4<sup>th</sup> grade. Later, his father, a farmer, contracted leprosy and Naresh dropped out of school under pressure to start earning. In 2019, his father brought Naresh to BOSCO Mane to seek support—a transformative intervention. Sadly, his father also passed away in 2020.*

*After completing a bridge course in BOSCO Mane, Naresh decided to recommit to formal education in St. Joseph's School, where for three years, he excelled both academically and on the football field. However, by the time he successfully completing his SSLC (high school), Naresh was already 18 years old. Therefore, an After Care plan was created with him, which focussed on vocational skill development in order to expedite his suitable employment and self-reliance. He joined the Don Bosco Technical Institute in Hassan in 2023, successfully completing his training as a Fitter in 2025. Naresh came back "home" to BOSCO as he has no other home.*

*After a serious job search, Naresh took up employment in a TOYOTA showroom in Hoskote, Bangalore, living independently in a rented room. He was also recently selected for a job opportunity in Dubai through a campus placement drive. Assessing his opportunities and responsibilities as the eldest child, Naresh chose to defer migration to support his younger sisters (a student nurse and two young ones in a convent school) to settle down.*

*A good After Care plan under the mentorship of BOSCO Staff has helped Naresh create a roadmap for himself, equipping him with the support he needed to reach a stage of confidence and independence.*

## 2. MENTAL HEALTH & DEVELOPMENT OF THE YOUNG AT RISK

From primary sources and experience, BREADS realises that mental health among children and youth at risk is increasingly affected by various factors. Recognising that mental health is a human right and intrinsic to achieving SDG 3 (good health and well-being), and acknowledging the connection between mental health and other goals such as poverty, the reduction of inequalities etc., BREADS initiated programmes in Kerala and Karnataka, to:

- Promote an understanding of the value of mental health among individuals especially children, teachers, communities and government departments
- Protect mental health, prevent mental health conditions, refer affected persons for treatment, and destigmatise the issue through sensitisation in schools and communities
- Improve the access to mental health care networks, especially government services, through awareness, capacity building and advocacy

### 2.1 Drug Rehabilitation Education and Mentoring (DREAM)

BREADS' DREAM worked its way through the minds of children, youth and adults, in ten districts of Kerala from November 2021 to April 2025: trying to plant dreams of futures, beyond addictions to substances, and mental ill-health. In its first phase, DREAM was implemented in Thiruvananthapuram, Kollam, Kottayam, Alappuzha, Ernakulam, Thrissur, Kozhikode, Wayanad, Kannur, and Kasaragod.





DREAM addressed the escalating challenges of substance use and addictions among children and youth through a multi-pronged strategy encompassing prevention, counselling, rehabilitation, capacity building and intersectoral collaboration with multiple stakeholders, especially the Kerala government.

DREAM's de-addiction and rehabilitation centre exclusively for boys below 18 years, Don Bosco Sadan in Monvila, Thiruvananthapuram, successfully treated 207 boys for addictions.

It was found that the children who did not have conducive family environments to support them after the de-addiction process, had quicker relapses into substance abuse. In response to this situation, DB Nilayam in Kochi was used as an aftercare home for vulnerable boys, offering healthy routines and counselling to help their full recovery.

### A Turning Point: Journey to Recovery

*The DREAM team witnessed a powerful testament to the impact of early intervention and family support. It all began when concerned parents attended the training session in school, learning about the dangers of substance abuse. Equipped with this knowledge, they discovered a packet of 'cool lip' — a tobacco-like substance — in their 15-year-old son's bag. Seeking guidance, they brought young Arun (pseudonym) to the DREAM centre.*

*Initially tense and apprehensive, Arun's dishevelled appearance spoke volumes about his inner turmoil. The compassionate DREAM team created a safe space for him to open up. As they delved into Arun's history, a familiar story unfolded. Peer pressure in 7<sup>th</sup> grade had led him to experiment with 'cool' and then progress to cigarettes and beedis. Clever use of chewing*

gum masked the habit from his parents. However, the root cause lay deeper—the arrival of a younger sibling had left Arun feeling neglected, pushing him towards substance use as a coping mechanism.

With unwavering support from his parents, DREAM counsellors created a holistic recovery plan. Through targeted counselling sessions, Arun gradually reduced his dependency on tobacco products. After three months of dedicated effort, he successfully broke free from his habit. Recognising Arun’s vulnerability, his parents were educated on the importance of continued emotional support and vigilance.

Arun’s story highlights the crucial role of parental awareness in preventing and treating substance abuse among youth, which the DREAM initiative successfully promoted through its parent and teacher training programmes.

**BREADS is also developing an online interface to improve access to counselling services. The interface will offer resources for self-help and external help. It is hoped that using an online interface to initiate the counselling process will combat the stigma attached to it and encourage more people to reach out for help.**

Both external and internal evaluations found the DREAM programme to be relevant, coherent, effective, efficient and impactful, with the ability to sustain into the future. The report of the evaluations—DREAMing a Future—was published and disseminated among government and local stakeholders.



## 2.2 Sports for Change

Sports for Change was designed to address a need. The gravity of substance abuse and mental health problems has become alarming in Kerala. With its experience of addiction prevention through DREAM, BREADS was able to generate greater focus and synergy around the issue through awareness and advocacy with both the government and civil society. Since addiction needs to be addressed systemically, along with rehabilitative interventions such as counselling and dead-



diction, BREADS introduced a preventive strategy, using sports as a platform. Regular sports training and life skills sessions in SFC hubs offer young people a chance to channel all their passion and energy into positive pursuits, while also creating opportunities for healthy social interaction, sporting opportunities and thereby, careers in sports.

SFC adopts a structured approach to identify and promote sporting excellence. The Don Bosco Sports Academy in Kochi is the Advanced Sports Hub, offering advanced coaching and sports facilities in 10 sports for talented children identified through other sports hubs. Across five districts, the sports hubs in Don Bosco institutions organise youth groups, daily sports activities and coaching along with weekly life skill training, value education, and team building programmes. A minimum of 50 youth are enrolled, of whom, at least 5% would be female, and 3%, differently abled people.

Community sports hubs are created by Don Bosco institutions in collaboration with local organisations (panchayats, parishes, local youth clubs, etc.) to encourage at least 50 local youth to play sports and empower them through various activities.

### A Community Sports Hub

*Kovilmala, locally known as Kozhimala (the hill of the hen), is a small village near Kattappana in the Idukki district of Kerala, India. It is the only existing tribal kingdom in South India, of the Mannan community, which has preserved its unique traditions and forms of governance. The Mannans adopt a democratic monarchy, where the people elect a king to rule them. Dynastic succession follows a matrilineal system of inheritance.*

*Agriculture is the primary occupation. While the community has traditionally depended on forest produce and wild resources, many households today combine small-scale farming with gathering produce. Infrastructure challenges remain, especially about access to clean drinking water and electricity, which have been historically difficult for the community. Education is receiving increasing attention in the community. The current King, Raman Raja Mannan, an Economics graduate, is encouraging modern education among the children and youth.*

*Identified as a deserving community for intervention, Don Bosco Kattappana, with the collaboration of the Mannan King, is starting a community sports hub in Kovilmala under SFC. By integrating sports into the lives of young people, SFC supports their holistic growth, empowering the tribal community to safely bridge the gap between traditional and modern opportunities without falling prey to substance and device addictions.*

### **Peer to Peer Coaching**

In Karnataka, in Bangalore, a different model operates. A few alumni of BOSCO Bangalore homes have become certified coaches and are eager to pass on their skills to the children currently living there. With BREADS' support, in a peer-to-peer model of Sports for Change, these alumni are now effectively coaching children based on individual interest and capacity. They are more effective in reaching the children because of their own experience and empathy as having been one of them. Both girls and boys of BOSCO homes in Bangalore are coached thrice a week in badminton, volleyball and football.

The Don Bosco Sports hubs are the modern-day Don Bosco oratories, resonating with the positive energy and laughter of children at healthy play. Safe, inclusive centres—for girls, boys and the differently abled—empowering them through values and life skills.

### **2.3 MINDS Matter**

Acknowledging the many stressors that children face and the need to equip them to deal with life situations with resilience, BREADS launched the Mental health Initiative for Nurturing Development and Support (MINDS) programme in six districts of Karnataka, to enhance mental health support for vulnerable school children. Taking a preventive and developmental approach, MINDS offers accessible mental health education and capacity building for children, parents, school teachers, volunteers and mental health professionals, enabling them to recognise, respond to and promote the mental well-being of students in their care.

MINDS tries to address a wide spectrum of emotional, social and behavioural challenges that affect children's learning, growth and development. Children needing extra attention are identified by the teachers, formed into groups and facilitated through structured awareness and activities (six modules) to improve their mental health. Counselling is offered for children in need. By empowering schools and families to foster healthier learning environments, MINDS aims to create systems of care for children, ensuring they are not only educated but also emotionally resilient and capable of thriving in society.



This story highlights the impact of bullying and unresolved childhood trauma on a child's life and sense of self. Timely identification, consistent counselling, family and school involvement played a crucial role in bringing Lalitha back to school, to not only learn the 3Rs (reading, writing and arithmetic) but also resilience and self-confidence.

## INTERVENTIONS FOR PROMOTING MENTAL HEALTH

(Project period is April 2024–March 2025 unless mentioned otherwise)

SN	Projects	Partners	Outreach
1	Mental health Initiative for Nurturing Development and Support (MINDS) (Aug 2024 - July 2025)	<ul style="list-style-type: none"> <li>BREADS Bangalore</li> <li>CHITHRA Don Bosco</li> <li>DB Bidar</li> <li>DB Devadurga</li> <li>DB Hosapete</li> <li>DB Yadagiri</li> </ul>	<ul style="list-style-type: none"> <li><b>300</b> schools covered in 6 districts</li> <li><b>600</b> MINDS groups formed in schools</li> <li><b>18,101</b> children educated in mental health through 2 modules</li> <li><b>320</b> children counselled through 6 established DB centres</li> <li><b>964</b> vulnerable children reached by art, play and activity-based workshops</li> <li><b>540</b> children received specialised mental health support: mentoring, treatment and professional guidance</li> <li><b>16</b> children referred for treatment, <b>83</b> for counselling</li> <li><b>10,230</b> parents trained in mental health</li> <li><b>231</b> mentors (teachers/volunteers) trained in mental health</li> <li><b>46</b> mental health practitioners trained</li> <li><b>9000</b> people reached through mass campaigns</li> <li><b>25,000</b> educational materials distributed</li> </ul>
2	Drug Rehabilitation Education and Mentoring (DREAM) (April 2024 - April 2025)	<ul style="list-style-type: none"> <li>DB Veedu Thiruvananthapuram</li> <li>DB Mundackal Kollam</li> <li>DB Puthupally Kottayam</li> </ul>	<ul style="list-style-type: none"> <li><b>270,473</b> school students trained</li> <li><b>109,975</b> college students trained</li> <li><b>49,598</b> counselled</li> <li><b>1543</b> school and college teachers trained</li> <li><b>1193</b> school and college leaders trained</li> </ul>

	<ul style="list-style-type: none"> <li>• DB College Mannuthy Thrissur</li> <li>• DB College Kozhikode</li> <li>• DB Sneha Bhavan Ernakulam</li> <li>• DB IDS Alappuzha</li> <li>• DB College Angadikadavu Kannur</li> <li>• DB Sulthan Bathery Wayanad</li> <li>• DB Chullikara Kasaragod</li> </ul>	<ul style="list-style-type: none"> <li>• <b>209,328</b> parents trained</li> <li>• <b>272</b> volunteers trained</li> <li>• <b>140</b> stakeholders trained</li> <li>• <b>1126</b> advocacy meetings</li> <li>• <b>36,021</b> outreach through district-level awareness campaigns</li> <li>• <b>82,429</b> people reached through special programmes</li> </ul>
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### 3. EDUCATING & SKILLING THE YOUNG AT RISK

Educational sponsorship is a preventive strategy to promote non-institutional support for children and youth at risk. It helps economically vulnerable families to educate and care for their children while reducing the financial load on them. BREADS, with the help of donors, extends this support across its working areas through its Don Bosco and other partners.

#### 3.1 Investment in Education

Most of the educational support that BREADS offers with the help of its donor partners is free of charge and other conditions. However, one of its educational interventions, supported by the Hauber Foundation from Germany, is different.

Motivated to improve the world and to make it more humane through promotion of the best human values, the Foundation offers high-value scholarships for higher education to students in need, on the condition that they finish their education successfully by a given date. Also, the family of the child undertakes to repay the scholarship amount either after the student gets employment or 7 months after completion of studies. The students are free to decide the rate of repayment according to their comfort. The repaid money becomes a revolving fund to educate other such students in need.

Started in 2016, this scholarship programme has reached **170** students so far. Currently, **58** students are being educated through the Dr Hauber scholarship while **112** have completed their education. Of these students, **36** have repaid their scholarship fully. The repayment rate so far has been **94.6%**. From the revolving fund, **36** other students are being educated.

This scholarship programme is a beautiful example of systemising change. The students not only get a higher education, enabling them to make a better life and support their families, they also become part of the empowerment process by paying it forward to other children in need. Thus, the investment in the education of one child creates the means of educating another. The snowball effect makes this investment in a child's education truly profitable.



### **Paying it Forward**

*Gladius Mary R received the Dr Hauber scholarship from 2019–2021 to pursue a Master's in Business Administration (MBA) from a reputed college in Bangalore. She has fully repaid her scholarship of INR 300,000. She writes:*

*"I received this scholarship through BREADS. My father does not work and is addicted to alcohol. Therefore, despite her many health issues, my mother works as a cook, to educate me and my younger brother.*

*I was found eligible to receive this scholarship at a critical stage in my life, when I could not afford an education because of my family's financial difficulties. After completing my master's degree, I got a job in the HR department of a company. Now, we are in a much better place after I got employed, and my brother is about to finish his undergraduate degree.*

*Words cannot express my appreciation of your gift. Through BREADS, I thank Dr. Hauber Foundation from the bottom of my heart. I was having a really tough life, but I knew in my heart that one day I would face it, and because of your gift, I am*

*one step closer to doing so. I have to admit that sometimes I want to give up, but first, I remember that God is still in control. Second, I remember what I've been through, why I'm here and know that I have support from family and people like you, who care enough to support people like me, who struggle more than the average person realises.*

*Thank you for enabling me to discover my personal and professional potential."*

In 2024–25, BREADS supported **321** children and youth through education sponsorships; of whom, **214** were girls.

## INTERVENTIONS FOR EDUCATION

(Project period is April 2024– March 2025 unless mentioned otherwise)

SN	Projects	Partners	Outreach
1	Education and Nutrition	Social Service Guild Bangalore	<ul style="list-style-type: none"> <li>• <b>400</b> children provided supplementary education and nutrition through 9 LACs</li> </ul>
2	Education in Low Income areas	BOSCO Bangalore	<ul style="list-style-type: none"> <li>• <b>587</b> children received supplementary education and nutrition through 20 LACs</li> <li>• Parents and community awareness programmes</li> <li>• Annual summer camps</li> </ul>
3	Education and Development of Marginalised Children in Lingarajapuram (Nov 2024 - April 2025)	Don Bosco Social Action Centre Lingarajapuram	<ul style="list-style-type: none"> <li>• <b>29</b> children benefitted from daycare and preschool education</li> <li>• <b>60</b> children provided supplementary education and nutrition</li> </ul>
4	Education Sponsorships	Don Bosco partners	<ul style="list-style-type: none"> <li>• <b>29</b> students supported for higher education</li> <li>• <b>292</b> students supported for school studies</li> </ul>
5	Child Labour Eradication Programme through Community Empowerment and Education Promotion (July 2024-June 2025)	DB Kalaburagi	<ul style="list-style-type: none"> <li>• <b>146</b> children rescued/contacted</li> <li>• <b>117</b> child labourers rescued and readmitted to school</li> <li>• <b>1713</b> family visits made to prevent child labour</li> <li>• <b>59</b> children prepared for SSLC exams</li> <li>• <b>522</b> children benefitted through LACs</li> <li>• <b>560</b> children trained in child rights</li> <li>• <b>6</b> CRCs formed in schools</li> <li>• <b>94</b> youth from the street contacted and skilled</li> <li>• <b>457</b> parents sensitised and informed</li> <li>• <b>229</b> SHG women sensitised and informed</li> <li>• <b>93</b> individuals helped to receive government entitlements</li> <li>• <b>150</b> government stakeholders sensitised</li> </ul>

6	Education Promotion among Deprived and Malnourished Children in Devadurga	DB Devadurga	<ul style="list-style-type: none"> <li>• <b>614</b> children benefitted through 15 village LACs</li> <li>• <b>600</b> children received nutrition support</li> <li>• <b>200</b> children received education materials</li> <li>• <b>48</b> children re-enrolled to school</li> <li>• <b>124</b> children at risk of dropping out identified and retained in school</li> <li>• <b>34</b> SDMC members trained</li> <li>• <b>12</b> CPC members trained</li> <li>• <b>1500</b> adults impacted through community awareness programmes</li> <li>• <b>48</b> PRI members from 5 panchayats trained</li> <li>• <b>8</b> departments sensitised through advocacy and networking</li> </ul>
7	Empowerment of Community for Child Labour Eradication in Davanagere	DB Davanagere	<ul style="list-style-type: none"> <li>• <b>743</b> children reached through LACs in 15 villages</li> <li>• <b>38</b> school dropouts re-enrolled</li> <li>• <b>14</b> cases of child labour stopped</li> <li>• <b>1</b> child marriage stopped</li> <li>• <b>10</b> CRCs formed</li> <li>• <b>2359</b> SHG members trained</li> <li>• <b>71</b> PRI members from 5 panchayats trained</li> <li>• <b>412</b> SDMC members trained</li> <li>• <b>385</b> CPC members trained</li> <li>• <b>684</b> stakeholders trained</li> <li>• <b>15</b> CPCs formed</li> <li>• <b>15</b> departments sensitised through advocacy and networking</li> <li>• <b>2127</b> adults informed and sensitised</li> <li>• <b>2</b> campaigns</li> <li>• <b>11</b> instances of school infrastructure improvements</li> <li>• <b>80</b> people facilitated to access government entitlements</li> </ul>
8	Furniture, Labs and Equipment to Promote Learning	<ul style="list-style-type: none"> <li>• DB Veedu Thiruvananthapuram</li> <li>• DB School Kattappanna</li> <li>• DB Schools in Bidar, Tumakuru, Hassan, Prakashpalya, Bangalore, Yadagiri</li> </ul>	Enhancing learning environments for children and youth from marginalised backgrounds

9	Holistic Development of Quarry Children through Education and Child Rights Promotion, Bangalore (Jan - Dec 2024)	BREADS	<ul style="list-style-type: none"> <li>• <b>462</b> children provided supplementary education and nutrition through 12 LACs in Bangalore quarry settlements</li> <li>• <b>380</b> children provided with education aids</li> <li>• <b>462</b> quarry children trained in life skills</li> <li>• <b>341</b> parents sensitised</li> <li>• <b>112</b> children trained in leadership</li> <li>• <b>615</b> adults trained on child rights</li> <li>• <b>1216</b> persons reached through 12 Health camps</li> <li>• <b>5</b> CPCs formed</li> </ul>
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### 3.2 BREADS' Employment & Skill Training Academy—a Unique Model



BREADS' Don Bosco BEST Academy, set up in 2016 in Lingarajapuram (a low-income area) in Bangalore, offers free non-formal skilling and employment for vulnerable youth. As a social initiative, DB BEST is a unique case study both in corporate social responsibility as well as sustainability, as it has been fully operating on CSR funding after the initial expenditure on infrastructure.

Since its inception, Deutsche Bank Group has partnered with BREADS to meet major expenses, which is no small accomplishment. AXA Global Business Services had generously supported the initial cost of furnishing the classrooms and the dormitory to start up the centre. Evolve Back Resorts now contributes towards food, accommodation and

contingency expenses for the students. Over the years, DB BEST has reached out to numerous corporates/brands/institutions to establish linkages for exposure visits, on-the-job training, and employment of its trainees.

On reaching the milestone of 25 batches in 2024, BREADS conducted a study of all the 1616 graduates to assess the impact of DB BEST Academy on their lives, and as a free skill training institution. The findings were published in The BEST Story that was released in November 2024 by the Karnataka Minister for Energy—Mr K J George, and Fr Fabio Atard—presently the Rector Major of the Salesians of Don Bosco, in a celebration with corporate partners, graduates and current students of DB BEST.

Some findings about DB BEST were:

- DB BEST had enrolled **1968** young men and women and fully trained **1616**
- It had a training retention rate of **82.2%** and a job placement rate of **80.2%**
- Overall, males constituted **62.6%** of the total enrolled students, while females made up **37.4%**.
- Among the three courses, the hospitality management domain had the highest demand and enrollment, especially of men (**79.3%**). BPO and Retail Management had a more balanced gender distribution.
- On average, based on the **539** trainees who responded to the question, we calculated that our graduates were earning **INR 17,674** as a monthly income.
- Almost all the DB BEST trainees were from socially and economically disadvantaged backgrounds and very often in personal difficulties. They rated job placements as being the most important aspect of DB BEST and communication and life skills next.
- **60.2%** felt that the hostel facility was important for them to complete the course
- **94.8%** found the daily fresh lunch useful
- And as final vote of confidence, **92.4%** of trainees would recommend DB BEST to other young people.

DB BEST Academy is proving to be a small but smart initiative that is fulfilling Don Bosco's vision of creating good and honest citizens out of youth who are at risk.



**Kailash Bahadur Chhetri**

**24 years, 9<sup>th</sup> class, West Bengal**  
**DB BEST Hospitality Management, Batch – 3**

*I express my sincere gratitude towards DB BEST Academy for moulding me into the person I am today, a confident and responsible individual.*

*My father is a teacher, and my mother is a homemaker. When I entered DB BEST, it was my first time in Bangalore, a new place with new people and it was difficult for me to communicate because I only knew Bengali. I chose hospitality management and I finished my 3-month training with good communication skills, which helped me to progress in my career, especially in the hotel field. DB BEST provided me with a hostel facility and every afternoon I had healthy nutritious food, prepared there. I had good trainers who cared for me and a happy atmosphere in which to develop.*

*After my training, I was first placed in Taj Exotica Resort and Spa, Goa for on-the-job training with a stipend of INR 1500. After a years' experience, I worked as bartender and in various positions at Massive Restaurants for 2 years. Currently I am the Assistant Manager at Kylin Experience with INR 700,000 as my annual salary.*

*I would also like to share that now I have improved my standard of living and with the blessing of God, I have a good family. I'm always grateful to DB BEST for the encouragement and opportunity given to me. This was the place where I learnt values for life, and I will carry them throughout my life. Thank you for guiding me in my career and empowering me to be a successful individual.*

**INTERVENTIONS FOR SKILLING OF YOUNG PEOPLE**

(Project period is April 2024–March 2025 unless mentioned otherwise)

SN	Projects	Partners	Outreach
1	DB BEST Academy	<ul style="list-style-type: none"> <li>BREADS</li> <li>Deutsche Bank</li> <li>Evolve Back Resorts</li> </ul>	<ul style="list-style-type: none"> <li><b>241</b> youth trained (62 females)</li> <li><b>179</b> (74%) youth placed in jobs (42 females)               <ul style="list-style-type: none"> <li><b>132</b> youth trained in Hospitality</li> <li><b>60</b> youth trained in BPO</li> <li><b>49</b> youth trained in Retail</li> </ul> </li> </ul>

## 4. EMPOWERMENT OF WOMEN & COMMUNITIES

Good physical and mental health, and reliable adequate livelihoods are crucial to the vulnerable communities with whom we work, as either of these factors can alter the course of their lives. BREADS' community interventions also focus on these issues.

### 4.1 Health on Wheels–BREADS' Mobile Clinics

The mobile clinics across five districts in Karnataka, offer primary medical services to regions that lack access to public health centres. They offer awareness programmes regarding good health, hygiene, and communicable diseases. Besides the regular visits, mass campaigns and medical camps offer the people opportunities to address their health concerns. A significant aspect of the mobile clinic is to identify health issues and refer patients for appropriate treatment. The team comprises a part-time doctor, full-time nurse and two health workers, who also provide basic medication if needed. The remote communities we serve are usually unaware of government welfare services/schemes as they are often inaccessible. The mobile clinics facilitate this access whenever possible, making a world of difference to the patient.



## Restoring Vision and Hope

Punanayak Thanda, a remote and underserved village, has no public transport. It has only one private vehicle that travels to the city. Most villagers, including the elderly, are forced to walk nearly five kilometres just to reach a point where they can get transportation for medical treatment. Due to these challenges, accessing healthcare becomes extremely difficult.

The Mobile Clinic of Don Bosco Social Service Society, Devadurga, Raichur district, conducted a medical camp at Punanayak Thanda. During this camp, Mangalavva, a 67-year-old woman was identified with severe cataract in her left eye. Her vision was blurred, affecting her daily life and independence. After a medical examination by the Project Medical Officer, she was advised to undergo cataract surgery and was referred to the Government Hospital for further treatment.

Mangalavva's family situation is extremely challenging. She and her 75-year-old husband live in the village. She had three adult sons, but tragically, two of them lost their lives in a bus accident in Pune last year. The last son migrated to Pune for work to repay a loan of nearly INR 1,000,000, which was taken for the medical treatment of his brothers after the accident. Due to this situation, the elderly couple is left behind without family support, surviving on a meagre old-age pension.

In collaboration with the Health Department and M.M. Joshi Eye Hospital, the mobile clinic facilitated a free eye camp at the Government Hospital, Devadurga. Mangalavva was brought to the hospital and cataract surgery was successfully performed on her left eye. Her vision has significantly improved and she is now able to conduct her daily activities independently with confidence. The restoration of her eyesight has brought immense relief and happiness to both her and her husband.

This intervention by the Mobile Clinic not only restored Mangalavva's vision but also reduced the financial and emotional burden on her family. BREADS' mobile clinics continue to be a lifeline for vulnerable and marginalised communities, ensuring access to essential healthcare services in remote areas like Punanayak Thanda.

## 4.2 Empowering Women with Skills

Through the Women Empowerment through Livelihood and Entrepreneurship (WELivE) programme across Karnataka and Kerala, women from vulnerable and marginalised backgrounds are demonstrating the compounding value of the timely investment of money and effort into empowering them with the skills and support to live a decent life with dignity.



### When Opportunity Meets Determination

**Ann Mary** from Mararikulam in Alappuzha district, Kerala is just 19 years old but is pioneering change in her family. She is a first-generation college-going student with strong aspirations for self-reliance. Her family of five members is financially vulnerable because her father, a fisherman, is the sole earning member. Fishing only offers seasonal irregular income. Her mother is a chronic asthma patient, which restricts her capacity for regular employment. These circumstances significantly impacted Ann Mary's education as well.

Ann Mary signed up for the WELivE entrepreneurial development programme, actively participating in all five capacity-building workshops. She gained confidence and practical knowledge in entrepreneurship, basic business management and product development. The exposure helped her identify viable livelihood options that could be initiated with limited resources while also continuing her studies.

Motivated by the training and driven by the need to support her family, Ann Mary initiated a small home-based enterprise. In response to local demand and with a small starter fund of INR 5000 from BREADS, she began manufacturing and selling candles, home care products (like floor cleaners, detergent), and flour. With consistent effort and careful management, her venture started generating a steady income.

Within four months, Ann Mary's microenterprise began to generate a monthly profit of INR 7000-8000, which contributes significantly to the household expenses, supplementing her father's income. Importantly, her initiative has enabled her to continue her college education without interruption. Beyond financial support, the enterprise has enhanced her self-confidence, decision-making, and sense of ownership. WELivE helped Ann Mary design and negotiate a self-reliant life for herself and her family.

## INTERVENTIONS FOR COMMUNITY EMPOWERMENT

(Project period is April 2024–March 2025 unless mentioned otherwise)

SN	Projects	Partners	Outreach
1	Primary Health Care in 20 rural villages of Devadurga through Mobile Clinic and Health Education (Feb 2024- Jan 2025)	DB Devadurga	<ul style="list-style-type: none"> <li>• <b>7006</b> people reached</li> <li>• <b>4569</b> benefited by free medicine</li> <li>• <b>1979</b> people benefitted from 44 health education sessions</li> <li>• <b>150</b> patient referrals</li> <li>• <b>15</b> specialised medical camps</li> <li>• <b>5</b> linkages and networking with Government agencies</li> <li>• <b>24</b> days training for health workers</li> </ul>
2	Women and Youth Empowerment Programme	Fishermen Community Development Programme Kollam	<ul style="list-style-type: none"> <li>• <b>150</b> women trained in entrepreneurship</li> <li>• <b>80</b> SHG women leaders trained in leadership</li> <li>• <b>1</b> marketing facility set up for the fishing community</li> <li>• <b>60</b> women training in tailoring</li> <li>• <b>75</b> women &amp; youth trained in computers</li> <li>• <b>90</b> women &amp; youth trained in fish processing</li> <li>• <b>135</b> micro enterprises/self-employment created</li> <li>• <b>1670</b> fisher folk received awareness on health, schemes, livelihood etc.</li> </ul>
3	Empowerment of Children, Youth and Women Through Education & Skilling in MSK Nagar (low-income area)	DB Veedu Thiruvananthapuram	<ul style="list-style-type: none"> <li>• <b>50</b> children supported by 2 LACs</li> <li>• <b>50</b> children/youth received weekly sports coaching</li> <li>• <b>20</b> youth coached in life skills, career counselling</li> <li>• <b>50</b> adolescents trained in life skills weekly</li> <li>• <b>30</b> women trained in tailoring, 20 self employed</li> <li>• <b>30</b> women trained in food processing, 22 self employed</li> <li>• <b>15</b> women trained in mehendi application</li> <li>• <b>13</b> women trained in mat making</li> <li>• <b>104</b> women received awareness in health, livelihood etc.</li> <li>• <b>61</b> destitute individuals received monthly food kits</li> <li>• <b>41</b> families received revolving funds for emergencies</li> <li>• <b>104</b> people benefitted by 1 medical camp</li> </ul>

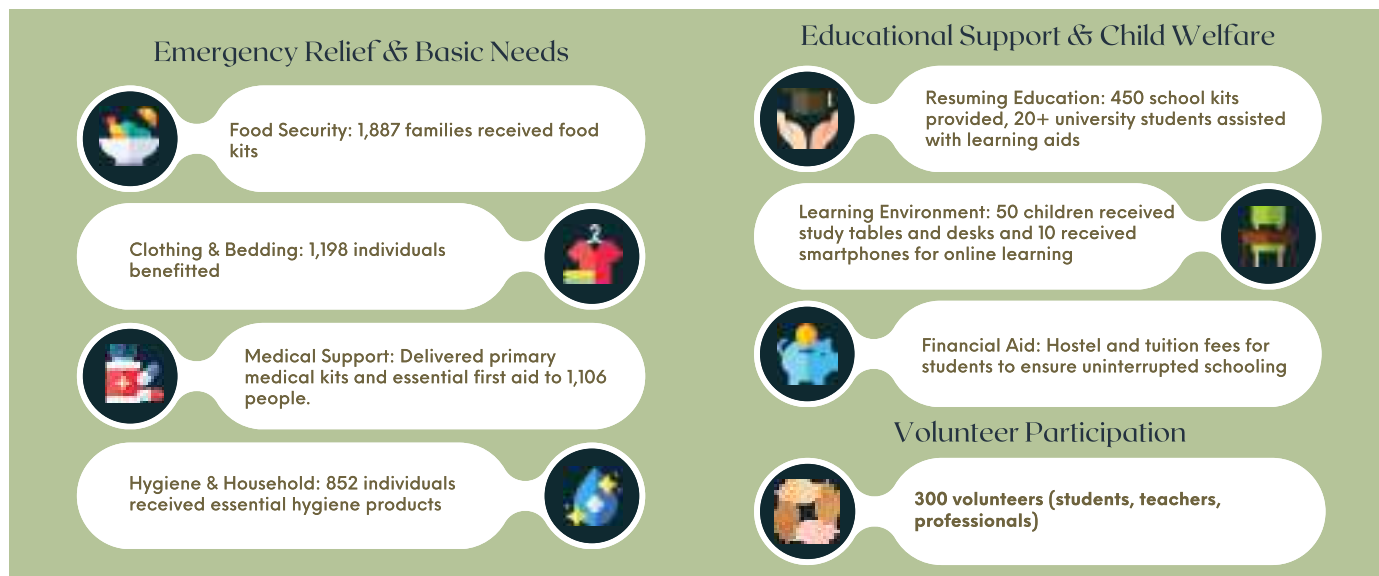
4	Primary Healthcare for Marginalised Communities in 60 Villages in North Karnataka (Jan 2024 - Dec 2024)	<ul style="list-style-type: none"> <li>• DB Bidar</li> <li>• DB Davanagere</li> <li>• DB Kalaburagi</li> </ul>	<ul style="list-style-type: none"> <li>• <b>60</b> villages in 3 districts supported through 3 mobile clinics</li> <li>• <b>16,403</b> villagers received primary care and health education</li> <li>• <b>1157</b> poor patients received free medicines</li> <li>• <b>363</b> health education sessions</li> <li>• <b>46</b> specialised medical camps</li> <li>• <b>553</b> people received government entitlements</li> <li>• <b>237</b> patients referred</li> <li>• <b>1014</b> children facilitated for immunisation</li> <li>• <b>3</b> health workers trained</li> </ul>
5	Women Empowerment through Livelihood and Entrepreneurship- Karnataka (July 2024 - June 2025)	<ul style="list-style-type: none"> <li>• CHITHRA Don Bosco</li> <li>• DB Davanagere</li> <li>• DB Hosapete</li> <li>• DB Yadagiri</li> </ul>	<ul style="list-style-type: none"> <li>• <b>120</b> women trained in EDP and sheep rearing</li> <li>• <b>120</b> women started sheep rearing</li> <li>• <b>17</b> women generated income from the goats (milk and manure sales)</li> <li>• <b>41</b> women multiplied their assets (goats delivered) within the project period</li> </ul>
6	Women Empowerment through Livelihood and Entrepreneurship- Kerala (Mar 2024 to Feb 2025)	<ul style="list-style-type: none"> <li>• DB Chullikara Kasargod</li> <li>• Integrated Development Services Alappuzha</li> <li>• DB Thope Kollam</li> <li>• DB College Kottiyam</li> <li>• DB College Angadikadavu</li> </ul>	<ul style="list-style-type: none"> <li>• <b>94</b> SHGs participated</li> <li>• <b>775</b> women capacitated through 17 capacity building workshops</li> <li>• <b>771</b> women trained in production skills through 17 workshops</li> <li>• <b>250</b> women trained in organic kitchen gardening through 15 trainings</li> <li>• <b>213</b> women started organic kitchen gardens</li> <li>• <b>697</b> women started businesses or self-employment units</li> <li>• <b>222</b> women accessed support of government schemes</li> </ul>
7	Mission Poverty Eradication (MPE) (Jan - Mar 2025)	<ul style="list-style-type: none"> <li>• BREADS Bangalore</li> </ul>	<ul style="list-style-type: none"> <li>• Collated data from Don Bosco partners about poverty eradication through DB interventions</li> </ul>
8	Human Rights Training for Social Workers and Teachers	<ul style="list-style-type: none"> <li>• Don Bosco Partners</li> </ul>	<ul style="list-style-type: none"> <li>• <b>120</b> teachers and social workers of various Don Bosco institutions trained in Human Rights</li> </ul>
9	Construction of Houses for the Disadvantaged	<ul style="list-style-type: none"> <li>• BREADS</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2</b> houses constructed in Karnataka and 1 house in Kerala</li> </ul>

## 5. DISASTER RESPONSE & CLIMATE ACTION

Natural disasters are increasingly a result of the climate crisis that is experienced across the globe, which the UNICEF also terms a child's rights crisis. The UNICEF's Children's Climate Risk Index (CCRI) is a comprehensive view of children's exposure and vulnerability to the impacts of climate change. It ranks countries based on children's exposure to climate and environmental shocks, such as cyclones and heatwaves, as well as their vulnerability to those shocks, based on their access to essential services. India ranks 26<sup>th</sup> in the world with an extremely high CCRI of 7.4, where climate and environmental shocks are extremely high (9.0) and child vulnerability is medium (4.6). This context of vulnerability and risk, which is especially higher among the populations that we work with, is not one that BREADS ignores as it strives to ensure the rights of children.

### 5.1 Response to Wayanad Landslides

The lands and lives in the Chooralmala and Mundakkai region, Wayanad district of Kerala were devastated by landslides on 31 July 2024. In response, BREADS partnered with Don Bosco College Sulthan Bathery to reach out to the affected people through various interventions.



## Psychosocial Support & Mental Health



Clinical Care: 384 individuals received counselling and trauma care, 343 people were mentored

Psychological care: 261 individuals received psychological first aid (special care for 45 children and 37 elderly using different techniques)



## Sustainable Rehabilitation & Livelihood



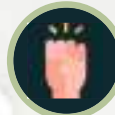
Home Restoration: 283 families equipped with household appliances (between ₹15,000 to ₹35,000)

Economic Empowerment: 43 sewing machines for single women and widows; 84% of whom started own enterprises



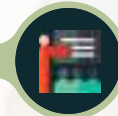
2 families assisted to start a petty shop and auto-rickshaw taxi service

## Disaster Preparedness & Resilience



Capacity Building: 2,700+ students and teachers trained in disaster preparedness

Community Empowerment: Workshops on Community-Based Disaster Risk Management with NIMHANS for teachers and SHGs





### **The Road to Recovery**

Binu's (name changed) story reveals the multiple losses suffered by some people in the landslides in Mundakkai. He is 22 years old, and a cancer survivor, undergoing medical treatment for the same, even before the landslides. Binu lived in Mundakkai with his parents and younger brother. Binu's father also struggled with addiction to alcohol.

Tragically, during the night of 30 July 2024, the landslides crashed into their lives, destroying their home and killing Binu's mother. The complexity of loss in his life grew exponentially overnight. The

familiarity and security of the home and mother were wiped out without warning. Being forced to relocate to Nedubala, Kalpetta after the landslides can be seen as a metaphor for his life—he must go where he does not want and without the comfort of the beloved familiar to mitigate the overwhelming changes. He is uncertain of how they will survive and make a living in the present, their economic future, his health, the future of his family, father and younger brother, and whether they will overcome the loss of their mother as a family. The multiple losses only increase the struggles of Binu's father with addiction, and therefore, increases the uncertainty experienced by Binu. BREADS adopted a multidimensional and multidisciplinary approach, offering both psychological and material support to Binu on his journey to recovery.

BREADS remains committed to ongoing support, disaster preparedness, and environmental awareness as Wayanad continues to face the challenges of extreme weather and its fragile terrain. We gratefully remember the significant contributions from foreign and Indian institutions and individuals, which helped us reach the landslide survivors in Wayanad.

## 5.2 Education to Cultivate Organically

The ECO programme promotes environmental health and sustainability by integrating awareness and organic farming principles into school curricula. Through ECO clubs, environmental education and camps, rural students are encouraged to engage in eco-friendly agricultural practices through hands-on activities and planting of trees to offset the very hot climate of the project areas. Each club, mentored by a teacher, develops a patch of land into an organic garden that contributes to the school midday meal. The school managements and SDMCs were enthusiastic about the initiative, recognising the importance of equipping children with knowledge and skills related to environmental conservation, sustainable agriculture, and climate change. The children and their organic gardens have been able to inspire others outside the target schools and outside the programme to start their own organic gardens in the interests of better nutrition and health of humans and the environment. Afforestation and awareness also add to the ripple effect of impact on the local environment.



### Cultivating Enquiring Minds

Nitin, a student from Govt. Adarsha Vidyalaya, was inspired by the ECO Club Summer Camp held at Don Bosco Hospet. After learning about organic farming, he experimented with the preparation of organic fertilisers and pest repellents using natural materials. Guided by his science teacher, he successfully cultivated fenugreek within two days using his homemade compost. Nitin conducted a micro survey to compare organic and chemical farming methods, understanding their effects on soil fertility, the

*environment, and human health. His work made him a role model among peers and strengthened awareness of sustainable farming practices within his school community.*

*In Kaddirampura GHPS, children sold their organic produce and reinvested the earnings into seeds for their next crop, promoting organic farming and also learning basic entrepreneurship and the value of sustainable living.*



### 5.3 Powering the Renewable Energy Movement

In support of India's goal to achieve 500 GW of non-fossil fuel-based energy capacity by 2030, as well as the resolve of the Salesians of Don Bosco to ensure that all Don Bosco institutions are powered by solar energy by 2032, BREADS has been actively promoting the installation of solar power systems in the province. This initiative not only supports the environment but also saves money in the long term, which is redirected towards our developmental objectives, especially for children's education.

## INTERVENTIONS FOR CLIMATE ACTION & DISASTER RESPONSE

(Project period is April 2024–March 2025 unless mentioned otherwise)

SN	Projects	Partners	Outreach
1	Installation of 15KW Solar System in DB Care Homes	DB Devadurga	<ul style="list-style-type: none"> <li>Renewable energy used in DB institutions and childcare centres</li> <li><b>23,433 kWh</b> solar energy produced</li> <li><b>17,247 kgs</b> of CO2 emissions reduced per year = 784 trees</li> <li><b>26</b> children's residential education sponsored by the savings in electricity bills</li> </ul>
2	Installation of 15KW Solar System in DB Care Homes	DB Kalaburagi	<ul style="list-style-type: none"> <li>Renewable energy used in DB institutions and childcare centres</li> <li><b>23,402 kWh</b> solar energy produced</li> <li><b>17,224 kgs</b> of CO2 emissions reduced per year = 783 trees</li> <li><b>40</b> children's education sponsored by the savings in electricity</li> </ul>
3	Installation of 15KW Solar System in DB Care Homes	DB Mysuru	<ul style="list-style-type: none"> <li>Renewable energy used in DB institutions and childcare centres</li> <li><b>23,258 kWh</b> solar energy produced</li> <li><b>17,118 kgs</b> of CO2 emissions reduced per year= 778 trees</li> <li><b>25</b> children's education sponsored by the savings in electricity</li> </ul>
4	Installation of 30KW Solar System at DBPH	DB Provincial House Bangalore	<ul style="list-style-type: none"> <li>Renewable energy used in DB institutions</li> <li><b>45,552 kWh</b> solar energy produced</li> <li><b>33,526 kgs</b> of CO2 emissions reduced per year= 1524 trees</li> </ul>
5	Installation of 50KW Solar System in DB Institutions	DB Tumakuru	<ul style="list-style-type: none"> <li>Renewable energy used in DB institutions and childcare centres</li> <li><b>78,293 kWh</b> solar energy produced</li> <li><b>57,624 kgs</b> of CO2 emissions reduced per year= 2619 trees</li> <li><b>100</b> children's education sponsored by the savings in electricity</li> </ul>

6	Education to Cultivate Organically (Oct 2024 - March 2025)	<ul style="list-style-type: none"> <li>• CHITHRA Don Bosco</li> <li>• DB Davanagere</li> <li>• DB Hosapete</li> </ul>	<ul style="list-style-type: none"> <li>• 60 ECO clubs formed in schools</li> <li>• 1780 ECO club members trained</li> <li>• 1839 students and 89 teachers received environmental education</li> <li>• 26 ECO gardens started in schools</li> </ul>
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## V. NETWORKING WITH OTHERS

Creating impact involves partnerships—with like-minded people and organisations—sharing expertise, resources and learning. BREADS has always fostered student interns from colleges and universities within India and abroad, to give them an orientation towards social issues and interventions. In 2024-25, BREADS guided **39 interns from 14 colleges** for their field placements.

Volunteers are special people who generously donate their time and energy to a cause. BREADS was pleased to have one volunteer from Malta who served the children in Prakashpalya for one month.

For the second year, BREADS collaborated with the Tata Consultancy Services (TCS) World 10K Bengaluru to connect with many people in the city to promote education for vulnerable girls in Karnataka—*Run for SHE (Shaping Her Education)*. Inspired by this worthy cause, Dr. Jayaprakash MG, a marathoner, passionate educationist, and the Founder Secretary of Jaihind Group of Institutions volunteered to also *Run for SHE*, raising a significant amount of money. Dr. Jayaprakash is a shining example of how inspired and engaged individuals, corporates and communities can contribute tremendously towards positive impact in society.



# VI. VALUED PARTNERS

We gratefully acknowledge your partnerships that make our work possible. Thank you!!

- Accenture, India
- Alstom Foundation, France
- Amis du Père Guézou, France
- Amazon India Ltd, India
- Associazione Padre Renzo Zola, Italy
- Australian Salesian Mission (ASMOAF), Australia
- Bayerische Staatskanzlei, Germany
- Britannia Industries Limited, India
- BoscoNet, India
- Claude & Sofia Marion Foundation, England
- DELL India Pvt Ltd, India
- Deutsche India Pvt Ltd, India
- Development Association of Active Volunteers (DAAV), Belgium
- Donatemarkart, India
- Don Bosco Mission Office, Canada
- Don Bosco Mission, Germany
  - BEGECA
  - Diocese of Paderborn
  - Jugend für Jugend Indien (JUJUN)
  - Kindermissionswerk
  - Kolping Family Busenbach
  - Merck Family Foundation
  - Mr. and Mrs. Hauber
  - Schlayer Stiftung
  - Stiftung Lebensräume für Mensch und Natur
  - Verein Projektpartnerschaft Dritte Welt e.V.
- Don Bosco Mondo, Germany
  - Aumund Foundation
  - BILD hilft e.V. – Ein Herz für Kinder
- Don Bosco Mondo e.V.
- Federal Ministry of Economic Cooperation and Development (BMZ)
- Klaus und Gertrud Conrad Stiftung
- Leopold Bachmann Foundation
- Mascheski Foundation
- Oster-Schneider-Stiftung
- Sternstunden e.V.
- Don Bosco Salesians, UK
- Enfance Tiers Monde (ETM), Belgium
- Fedbank Hormis Memorial Foundation, India
- German Consulate, Bangalore
- Johnson Controls India Pvt Ltd, India
- Jugend Eine Welt, Austria
- Jugendhilfe Weltweit (JuWe), Switzerland
- Kerala Aid Trust, Malta
- Kluber Lubrications Pvt Ltd, India
- KPMG Global Services, India
- Misesan Cara/Irish Aid, Ireland
- missio München, Germany
- Missioni Don Bosco, Turin, Italy
- De Salesianer, Germany
- Misiones Salesianas, Spain
- Morgan Stanley, India
- Nestle India Ltd, India
- Nutanix Technologies India Pvt Ltd
- Evolve Back Resorts and Hotels, India
- ResponseNet, India
- Salesians of Don Bosco, Ireland
- Salesians (SDB Trustees) of UK
- Stiftung Pro Creatura, Germany
- Vidya Dhan, UK

# VII. STATEMENT OF ACCOUNTS

Ref No: 613

**BANGALORE RURAL EDUCATIONAL AND DEVELOPMENT SOCIETY**  
75, NORTH ROAD : BANGALORE - 560 084

Consolidated Society (Trust) Account

Receipts and Payments Account for the year ended 31.03.2025

Sl. No	Particulars	Receipts	Payments
	Opening Balance As On 01.04.2024	9,30,56,496.28	
1)	<b>Foreign contribution / Grant received</b>		
	i) Social	8,81,18,118.47	
	ii) Educational	11,64,611.00	
	iii) Local contribution / Grant received	2,14,85,781.90	
	iv) Bank interest	57,07,289.92	
2)	<b>Social:</b>		
	Grants, Stipends, Scholarships, In Kind, for Poor in Karnataka and Kerala		2,18,03,738.00
	Welfare of Children		5,34,03,489.07
	Women Empowerment		1,99,23,618.61
	Agricultural Activity		13,84,024.54
	Administrative Expenditures		90,38,588.67
	Renewable Energy		18,82,000.00
3)	Education, School construction and Maintenance		1,52,52,131.88
4)	Loans and recoveries, other remittances	11,11,602.80	
5)	Closing Balance As On 31.03.2025		8,84,06,549.80
	<b>Grand Total</b>	<b>21,11,44,120.37</b>	<b>21,11,44,120.37</b>

For Bangalore Rural Educational and Development Society (BREADS)



Trustee  
Bangalore  
Date: 25.10.2025



As Per Our Report of Even Date  
For M.Thomas & Co.,  
Chartered Accountants,  
FRNo: 0044088



(J.P.J. Kamalesh)  
M.No: 201083  
Partner  
UDIN: 25201083BMJHBE2267





**BREADS**

Bangalore Rural Educational  
and Development Society

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Bangalore - 560084 | Ph: +91 80 25463476  
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DONATE

