



BREADS
Bangalore Rural Education and Development Society



SLICE

DIRECTOR'S PAGE

#PledgeForParity is the theme for the International Women's Day (IWD) 2016. Women contribute to social, economic, cultural and political achievement. Everyone - men and women - can pledge to take a concrete step to help achieve gender parity more quickly - whether to help women and girls achieve their ambitions, call for gender-balanced leadership, respect and value difference, develop more inclusive and flexible cultures or root out workplace bias. Each of us can be a leader within our own spheres of influence and commit to take pragmatic action to accelerate gender parity (www.internationalwomensday.com)



BREADS leads this campaign this year in Karnataka where we work with women through our partner organizations. As coincidence BREADS has initiated a new project on gender parity and this year pledge for parity will be our theme across our centres for the celebration of the Women's Day on 8th March. In this issue of SLICE we look at this innovative project on women's empowerment.

Happy Women's Day!

With Best Wishes,

Fr. Joy Nedumparambil SDB
Executive Director – BREADS Bangalore

EVENTS

February 2016

- ⇒ Training on Women Empowerment at BREADS
- ⇒ New Batch of Hospitality training at BREADS
- ⇒ Andrea Wilmes from Don Bosco Mondo visited BREADS' Projects
- ⇒ Participated National Permaculture Convergence 2016

March 2016

- ⇒ Visit of Petra and Benjamin from Holy childhood
- ⇒ The International Women's Day
- ⇒ CREAM Evaluation Report Sharing
- ⇒ Ms Agnes from ETM Belgium visits BREADS
- ⇒ Valedictory program at Mysore on 5th March 2015
- ⇒ Batch Inauguration at Sindhi Academy of Skills
- ⇒ Certification & Placements of DB Tech trainees in Bagepalli, Hospet, Chiradurga, Mysore and Bidar

NEWS

Facilitators Training for Women on Gender



The project Capacity Building for Gender Equality in Development, Peace and Security, started in the month of December 2015 at 5 districts of Karnataka. Training on the gender equality for the staff..... [more](#)

Entrepreneurship Training for Women



Chithra Don Bosco, Chitradurga is continuing its effort to empower women to be entrepreneurs. A group of 50 women were brought together from different villages of Chitradurga for three days... [more](#)

Certificate Awarding & Inauguration at Sindhi Academy



Don Bosco Tech – BREADS in collaboration with Sindhi Seva Samithi began the skill training in Retail Management and Electrical & Plumbing sector on October 2015 at Sindhi Academy of Skills..... [more](#)

Inauguration & Certificate Awarding Ceremony at BREADS



The 2nd batch of hospitality training in phase 3 was inaugurated at BREADS on 29th February 2016. The Dignitaries present were Fr. Joy, Executive director of BREADS, Chief Guest Fr. Toney..... [more](#)

CAPACITY BUILDING FOR GENDER EQUALITY IN DEVELOPMENT, PEACE AND SECURITY

Fostering a Women Empowered Society

BREADS has taken its next step in women empowerment after the programme on entrepreneurial skills to initiate successful micro enterprises. Capacity building for gender equality in development, peace and security for women is the new initiative to empower women to curb violence against them and attain gender equality in society. “Achieve gender equality and empower all women and girls”, being one of the 17 Sustainable Development Goals (SDGs), this programme will work towards achieving this. The women empowerment programme was initiated in December 2015 in five districts of Karnataka, viz., Yadgiri, Bellary, Davangere, Chitradurga and Ramanagara to reach out to community, children, youth, decision makers in government departments and committees & commissions to initiate a movement for women empowerment.

This project aims at increasing women’s capacity and awareness of all the actors including community leaders, leaders of women’s groups, local government leaders, police personnel, lawyers, media, government officials, community leaders, civil society group and college & school students in women’s development, confidence building and skills development. Activities like awareness, trainings and workshops, campaigning through rally, public meetings, street plays against gender based violence, publicizing awareness materials, are envisaged in this project so that the community, especially women prevent and respond to violence against them and form action groups.

TRAINING FOR TRAINERS

A conscious effort from each individual can make a change to the gender inequality which has been embedded in the thought process since birth due to the traditional patriarchal system. We started the change process with gender training workshop for the staff who will implement the programme in the five districts.



BREADS organized a three days’ gender training workshop for 16 participants including staff and community leaders from the targeted areas. Ms. Asha from *Visthar* facilitated the training on gender sensitization, gender situation analysis and gender mainstreaming.





The workshop was structured to include personal construction of gender, social construction of gender in social relations and institutions, gender mainstreaming, understand gender based violence against women, human rights and rights of women and legal provisions to redress violence against women. Participatory workshop method, tools used, videos reeled made the training affluent and capacitated the participants to take forward the women empowerment programme. At the end activity plans were drawn for each district for the action to follow.



ACTIVITIES AT DISTRICT LEVEL

Districts	Target group	Awareness	Trained	Total Reached
Yadgiri	SHG Women, students at schools & College	452	37	489
Hospet	SHG Women, hostel girls, college students	307	33	340
Davangere	Community members, Anganwadi teachers, SHG Women	143	34	177
Chitradurga	Community members, SHG Women	110	45	155
Ramanagara	Teachers, Community members, students at schools & College	545	38	583

In a short duration, with a high motivation level the coordinators and staff were able to train 187 women towards gender equality and women empowered society through this programme. Women showed great interest in accepting the change when they realized the empowerment can really bring down their misery. A participant, Pushpalatha, during training stated that ‘the *training has made her realize that women are not less significant than other in the society, they have the right to participate and have capacity to fulfill their wish and dreams in life*’.



February 2016