

Director's Note

The impact of COVID 19 across the world has been life altering. While the middle class struggles to cope with the changes to their lives and livelihood, the impact on the lower income groups has been devastating. BREADS responded immediately with emergency measures—providing meals and food kits, and protective masks—while also working on other contextualised responses in tandem with its Don Bosco partners in India and abroad. I sincerely appreciate and thank our partners and donors for their whole-hearted support for those in need even while they simultaneously battle their personal troubles and distress caused by COVID 19. The BREADS family extends its solidarity and best wishes to all of you for good health and happiness!

With best wishes,

Fr. Joy Nedumparambil SDB
Executive Director
BREADS Bangalore



BREADS in the Struggle against COVID 19



The COVID 19 pandemic has reached India and has begun to take its toll. The nation-wide lockdown from 25 March 2020 to slow down the spread of the disease was a necessity. However, it has impacted everyone's life and livelihood tremendously and is a massive blow to the daily-wage and migrant labourers who have no safety net. Dependent on daily wages, their inability to earn during the imposed lockdown has derailed their lives and made them dependent on state and private charity.

BREADS, the planning and development office (PDO) of the Salesian Province of Bangalore, has been tracking the situation and in consultation with the Don Bosco partners across the world and in India, began its various interventions in Karnataka and Kerala immediately after the lockdown. Since this situation requires strict compliance with public health norms, BREADS operates in partnership and with relevant permissions from the local authorities. It also advocates that its partners follow the appropriate preventive protocols.

The shortage of protective face masks is a global phenomenon and they are especially out of reach for the poorer sections of society. BREADS is promoting the production of face masks through all the Don Bosco tailoring units and covers the shortfall in the cost of production. As of 9 April 2020, a total of 114940 masks have been produced by the Don Bosco tailoring centres, SHG women and volunteers across the two states and distributed to hospitals, police and health personnel, vendors, and the general public.



BREADS and its partners—Don Bosco Solidarity COVID 19 Relief Work (as of 9 April 2020)

A vital initiative during the lockdown is the provision of food kits to families who have no supplies and money to buy their necessities. Food kits are also provided to migrant labourer families identified by the various BREADS partners. To date, a total of 10923 food kits were provided to homeless people, daily wage labourers, sick people and migrants which benefited 39970 persons. Additionally, cooked food packets are being distributed daily from two of our centres, reaching 20148 so far.

Proposing to reach out in other important ways, BREADS through its partner institutions is initiating online/tele-counselling, spiritual support, medical advice with qualified volunteers. In addition, Don Bosco institutions are also developing healthy online activities such as quizzes, games etc. to help parents engage their children within their homes. BREADS is also encouraging interested people to volunteer with the Kerala and Karnataka governments to help spread awareness through online apps.

This is an unprecedented situation in the world and in India. Therefore, BREADS also offer its support to its partners in any contextualised response that needs to be taken and has put forward its available resources to combat COVID-19. BREADS is also part of the international Don Bosco Solidarity COVID 19 Relief campaign which is the collective relief work of the Salesians across the world.

Activity	Kerala	Karnataka	Migrants	Total
1 DB houses engaged in relief work	18	18		36
2 Food kits/ essential groceries distributed	1116	8177	1630	10923
3 Beneficiaries of food kits	5518	27942	6510	39970
4 Beneficiaries of cooked meals	18382	1766		20148
5 Masks produced	30000	82940		114940

"Listening is often the only thing needed to help someone."

BREADS and **DON BOSCO YOUTH SERVICES**, Karnataka offer you

TELE-COUNSELLING

Dear Friends,
COVID-19 has locked us down. Lock-down can be stressful.
Are you looking for someone to talk to?
Here we have a list of people adequately qualified in counselling with vast experience.
Please do avail this golden opportunity...

	NAME	CONTACT	TIMINGS	LANGUAGES
1	Ms Loma Lobo	9980143035	10 am – 12 pm; 7 – 9 pm	English, Hindi, Konkani, Marathi, Kannada
2	Ms Edwina Pereira	9449865413	10 am – 12 pm	English, Hindi
3	Ms Lorraine Fernandez	9900119743	4 – 6 pm	English, Hindi, Konkani, Marathi
4	Ms Amala Rani	9448851189	11 am – 1 pm	English, Tamil, Kannada
5	Ms Marykutty Augustine	9886747812	4 – 5.30 pm	English, Malayalam, Kannada, Hindi
6	Ms Chatrik	9886284684	10 am – 12 pm; 3 – 7 pm	English, Hindi
7	Ms Monica	8015045545	3 – 5 pm	English, Tamil
8	Mr Suresh Joseph	9600045557	Any time	English, Tamil
9	Fr Ajay D'Monte SDB	8884797679	2 – 4 pm	English, Marathi



KISMAT Migrant Help Services

Counseling for inter-state migrant workers to cope with stress, anxiety, agitation, anger, fear, depression during the COVID-19 outbreak



District Contact Numbers

For Hindi		For Bengali
Trivandrum	9847220171	Ernakulam- 9074277903
Kollam	7561846000	Idukki- 9074277903
Alapuzha	7561863000	Thrissur- 6282460320
Kottayam	7561868000	
Ernakulam	9074277903	For Telugu
Angamaly	7561867000	Trivandrum- 9847220171
Thrissur	6282460320	
Palakkad	9744601748	For Kannada
Kozhikode	9495380783	Kasargod- 8592927600
Wayanad	7561862000	
Kannur	7561864000	For Tamil
Kasargod	7561865000	Trivandrum- 8847220171



**Bosco Youth
Karnataka**
Regional Youth Office
Bosco Youth, Karnataka



www.breadsbangalore.org
<https://www.facebook.com/breadshangalore.org/>

Activities by BREADS and its partners in Kerala and Karnataka for COVID 19 Relief

KERALA			
	DB Houses	Activities	Target beneficiaries
1.	Don Bosco Veedu, Trivandrum	Distribution of food kits and essential groceries	Migrants and poor families especially daily wage labourers
2.	FCDP & TMS, Kollam	Stitching of masks with the SHG women and distribution of essential groceries	Police, government officials, health and other essential support service workers, PRI members, fishing community members
3.	Don Bosco Kottiyam	Distribution of essential groceries and vegetables sufficient for five days to the Community Kitchen in Thrikkovilvattam Panchayat	Selected beneficiaries by the Panchayath and government
4.	Don Bosco Alappuzha	Distribution of essential groceries	Poor families in the neighbourhood
5.	Don Bosco Aluva	Distribution of essential groceries, rice, vegetables and food kits	Panchayat community kitchen and the poorest families identified by the panchayat and police
6.	Don Bosco Puthupally	Distribution of food kits and essential groceries	Poor families, migrants and other daily wage labourers
7.	Don Bosco Sneha Bhavan, Palluruthy	Collaboration with the community kitchen initiative of the Government of Kerala, and distribution of essential groceries	Migrants
8.	Don Bosco Vaduthala	Distribution of essential groceries	Daily wage labourers, marginalised and economically poor families
9.	Don Bosco Angamaly	Distribution of essential groceries	Migrants, daily wage labourers and poor families
10.	Don Bosco Irinjalakuda	Distribution of essential groceries	Migrants and poor families
11.	Don Bosco Mannuthy College	Distribution of essential groceries	Migrants and poor families
12.	Don Bosco Mannuthy Bhavan	Distribution of essential groceries	Daily wage labourers, economically poor and backward families
13.	Don Bosco Palakkad	Distribution of essential groceries	Migrants
14.	Don Bosco Angadikadavu	Distribution of essential groceries Don Bosco College used as quarantine care centre for 35 people affected by COVID 19	Poor families from the nearby slums People confirmed as COVID 19 positive
15.	Don Bosco Sultan Bathery	Distribution of essential groceries	Migrants and daily wage labourers
16.	Don Bosco Padivayal	Distribution of essential groceries	Very poor families and those with mentally challenged children or bedridden members
17.	Don Bosco Mampetta	Distribution of essential groceries	Migrants, daily wage labourers, people in remote villages
18.	Don Bosco Pavur	Distribution of essential groceries	Poorest families and daily wage labourers
KARNATAKA			
19.	Don Bosco Makkalalaya Mysuru	Distribution of cooked food and essential groceries	Daily wagers, bedridden, differently abled
20.	Don Bosco Bidar	Distribution of masks and essential groceries	Blind, leprosy patients, migrants, rag pickers and nomads
21.	Don Bosco Hospet	Distribution of masks, cooked food and essential groceries	Leprosy patients, widows and destitute women
22.	CHITHRA Don Bosco, Chitradurga	Distribution of essential groceries and masks	Transgenders, migrants, daily wage labourers, students
23.	Don Bosco Church, Lingarajapuram	Distribution of cooked food and essential groceries	Migrants, daily wage labourers and slum dwellers near the DB Church
24.	Don Bosco Devadurga	Distribution of essential groceries	Migrants and most backward people
25.	Don Bosco Yuvakara Grama, Ajjanahalli	Distribution of essential groceries	Poor farmers and daily wage labourers
26.	Don Bosco Yadgir	Distribution of essential groceries	Daily wage labourers, migrants, marginalised families
27.	Don Bosco Provincial House, Bangalore	Distribution of essential groceries	Poor families
28.	Don Bosco PYaR, Kalaburagi	Distribution of essential groceries	Transgenders and economically backward families
29.	Don Bosco KGF	Distribution of essential groceries	Daily wagers and poor households
30.	BOSCO Bangalore	Distribution of essential groceries	Migrants and slum dwellers
31.	DBARDS Mandya	Distribution of essential groceries	Daily wagers, poor households
32.	Kristu Jyoti College SSG Bengaluru	Distribution of essential groceries	Daily wagers, migrants and slum dwellers
33.	Don Bosco Hassan	Distribution of essential groceries	Migrant labourers
34.	Don Bosco Bhadravati	Distribution of essential groceries	Economically backward families, daily labourers
35.	Don Bosco Prakashpalaya	Distribution of essential groceries	Widows, economically backward families
36.	DBCLM Davangere	Distribution of essential groceries	Poor households, widows and destitute women

