

Director's Message



Fr Rubin Mathew sbd
Executive Director, BREADS

Don Bosco institutions across Karnataka and Kerala celebrate Children's Week with enthusiasm every year, promoting child rights as the foundation to a better future for every child. An understanding, beautifully conveyed by Nagesh, a 10th class student from Hospet, in his contribution to the child rights campaign in his school. His drawing depicts children's rights as the bedrock on which hope, dignity, peace, prosperity, liberty and equality can flourish in the world.

Nagesh's vision fits in perfectly with the season and message of Christmas: the hope and promise of a better world through our response to the **Child**.

Do continue to partner with BREADS as we promote equality and inclusivity through our work all year round! Thank you for your support.

Wishing you the blessings of Christmas and a very happy 2023!

Support Every Right for Every Child, Because Every Child can be a Champion!

*This year, in alignment with [UNICEF's campaign](#) of **Equality and Inclusion for Every Child**, Child Rights Week was an occasion for children and youth to raise their voices against the discrimination they face, and child rights violations; simultaneously calling for the attention of adults for a better future.*

From climate change, education and mental health, to ending racism and discrimination, children and young people are raising their voices on the issues that matter to their generation and calling for adults to create a better future.



In Karnataka, BREADS' partners celebrate Child Rights Week as part of the Child Rights Education and Action Movement (CREAM), combining fun and games with the propagation of awareness of child rights.

The CREAM team organised activities such as public rallies, workshops, seminars, exhibitions, and competitions with the participation of children, schools, civil society groups, government departments and other stakeholders.



Child Rights Week in Karnataka

Districts	Programmes	Activities	Stakeholders including children
Bangalore Rural & Urban	46	Public rally, flash mob, mime, candle light procession, cultural programmes, essay writing & drawing competitions, games	3327
Vijayanagara, Koppal, Gadag	15	Competitions in essay & poem composition, drawing, extempore speeches, and quizzes	1553
Bidar	4	Public rally, games, seminar on child rights, competitions in rangoli, quiz, essay writing and dance	1086
Chitradurga, Tumakuru	9	Public rally, quiz, essay and drawing competitions	421
Davanagere, Shivamogga, Haveri	3	Stage and cultural programmes, extempore speeches, games	835
Kalaburagi, Vijayapura	15	Sports and games, essay and drawing competitions, rally	2592
Mysuru, Chamarajanagar	2	Public rally and meeting	970
Ramanagara, Mandya	25	Public rally, competitions in quiz, essay writing and drawing, seminar on child rights topics, cultural activities, bicycle rally	3578
Raichur, Bagalkot	26	Public rally, competitions in debate, quiz, extempore speeches & drawing, cultural and stage programmes, games & sports, loud speaker announcements	1931
Yadagiri	13	Stage and cultural programmes, public rally, competitions in quiz, essay and drawing competitions, games	2170
TOTAL	158		18463

Makkala Grama Sabhas: Platforms of Equality and Inclusion

November is also the month when Makkala Grama Sabhas (Children's parliaments) are conducted across Karnataka, as platforms for children to raise issues pertinent to them, with their local administration, Education and other departments. These platforms ensure inclusivity for children and offer them an equal voice, thus becoming powerful tools to promote child rights. The CREAM team actively supports and facilitates the local administration and the Rural Development and Panchayat Raj department to conduct MGSs across the state.



Makkala Grama Sabhas Facilitated

Districts	Makkala Grama Sabhas	Taluks	Children	Adults	Other Stakeholders
Bangalore Rural	6	1	1000	225	120
Vijayanagara, Koppal, Gadag	50	7	7369	831	285
Bidar	6	4	668	68	38
Chitradurga, Tumakuru	9	5	1165	321	36
Davanagere, Shivamogga, Haveri	31	10	4970	558	457
Kalaburagi, Vijayapura	10	2	2145	340	511
Mysuru, Chamarajanagar	5	3	347	45	45
Ramanagara, Mandya	3	3	169	86	15
Raichur, Bagalkot	18	6	883	351	110
Yadagiri	12	5	329	186	222
TOTAL	150	46	19045	3011	1839

A DREAM taking shape—Don Bosco Sadan (Rehabilitation Centre for Boys)

Don Bosco Sadan, a Rehabilitation Centre for Boys at Monvila, Thiruvananthapuram was officially inaugurated by Shri. Antony Raju (Hon. Minister for Road Transport, Govt of Kerala) on 26 November 2022.

The centre, envisioned by BREADS, is part of its Drug Rehabilitation Education and Mentoring (DREAM) initiative across 10 districts of Kerala. In 2021-22, DREAM empowered more than 400,000 children and youth to dream beyond drugs in the identified areas of need, providing counselling, as well as training for parents and teachers.



In an effort to plug a stark gap in available services, Don Bosco Sadan will provide children and youth in Kerala, a *Way to Sobriety and Health* through residential rehabilitation and de-addiction services for children below 18 years.

Its offered services include inpatient and outpatient treatment adapted to individual needs, free food and accommodation, various formats of counselling – individual, group & family, life skills training, and recreational activities.

The activities of Don Bosco Sadan are designed to treat more than just addiction. They will also address the root causes of the behavioural and emotional issues of the children and their related needs. At a given time, the centre can accommodate 15 children, whose assessment and treatment will be determined by a qualified team comprising a doctor/psychiatrist, nurse and counsellor. A professional medical and psychiatric social worker will support families, and other outreach activities of the centre. After the residential treatment, ongoing progress of the children will be monitored through aftercare services offered by local DREAM teams in the various districts.

Don Bosco Sadan will also promote awareness about the adverse impact of addictions, and the benefits of counselling and rehabilitation services through its outreach programmes. As a much-needed service for children in need of rehabilitation, many local NGOs and government officials have welcomed the inauguration of the centre, and together look forward to the successful functioning of Don Bosco Sadan.

Choose Life. Not Drugs — a DREAM Campaign

DREAM
Choose life. Not Drugs
WINNERS

Speech Competition

Ist. Mazha S
GHSS Parappa, Kasaragod

IInd. Neha Anna Mathew
St Anne's GHSS Kottayam

IIIrd. Lulu Marjan
Nilambur, Malappuram

Story Telling

Ist. Druvika Prakash
AUP School, Parikkulam

IInd. Fathima Farhana
Govt. GHS School, Ernakulam

IIIrd. Archana Subhash
AUP School, Parikkulam

Reels Competition

Ist. Arsha Johny
Nirmalagiri College, Kannur

IInd. 1st year BSW
Don Bosco College, Kannur

IIIrd. Michael Sebastian Alan
Don Bosco College, Kannur

Photography Competition

Ist. Shifana A
Alappuzha

IInd. Adithyan
Mampetta, Kozhikode

Essay Competition

Ist. Sr Anusha Francis
St Antony's AUPS Pazhoor, Wayanad

IInd. Noufal Sadiq
GHSS Pannur, Kozhikode

IIIrd. Dr Sandra Sunitha Lobo
Roshni Nilaya, Mangalore

Poster Competition

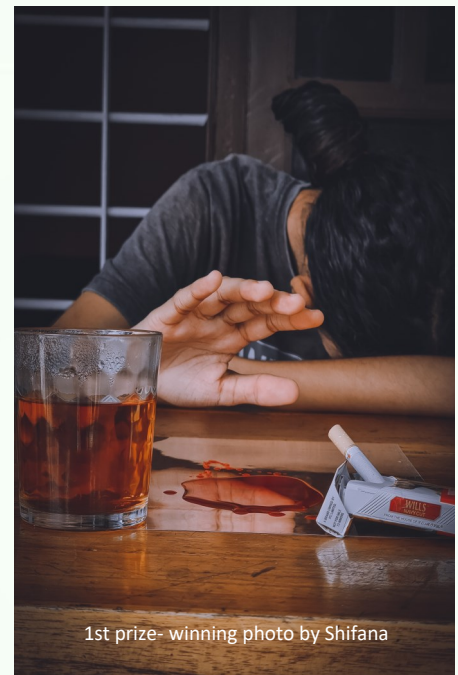
Ist. Femi Sebastian
DREAM Thrissur

IInd. Alpho Jose
DREAM Wayanad

IIIrd. Ciril Geo Jacob
DREAM Wayanad

The Drug Rehabilitation Education and Mentoring (DREAM) awareness campaign across 10 districts in Kerala from 11 October to 14 November 2022, attracted a huge response with hundreds of entries received in various categories.

The competition results were published on 10 December on the official DREAM social media accounts.



May the true spirit of Christmas shine in your heart and light your path!

Greetings of the Season and best wishes for the New Year!

The **BREADS** team

Calendar

November 2022

- Monitoring and evaluation of BREADS' projects
- Children's day and Child Rights Week celebrations
- Inauguration of Don Bosco Sadan, Monvila
- DREAM state-level workshop on substance abuse & prevention

December 2022

- Monitoring and evaluation of BREADS' projects
- Christmas celebration at BREADS
- Visits from partner agencies

BREADS NEWS



KISMAT partners with Responsetnet on Health and Safety Awareness for Sanitary Workers

The Karnataka Interstate Migrants Alliance for Transformation (KISMAT— a BREADS' project) supported Responsetnet Development Services, Delhi in organising a Health and Safety Awareness programme for...[more...](#)



Children's day celebration by DREAM Kochi

"Children of today will make the world of tomorrow"- Jawaharlal Nehru

Childhood is a blessing and the most fun-filled phase of life. In this spirit of fun and joy, Children's Day was celebrated on 13 November 2022 at...[more...](#)



Inauguration of the 19th Skill Training Batch – DB BEST

The 19th skill training batch at DB BEST Academy (an initiative of BREADS Bangalore) was formally inaugurated on 19 November 2022. The ceremony was attended by the new batch of students along with their parents...[more...](#)



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BREADS Don Bosco, #75 North Road, St Thomas Town Post, Bangalore-560 084

Ph: +91-80-25463476; 25805551 | www.breadsbangalore.org

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NOVEMBER
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